

Inner Gem Shine

Instructions

Welcome! Live your truth and attract what you want. Support healing, manifestation and miracles.

Anytime you seek to improve, daily practices are the building blocks that lead to transformation. Change is inevitable.

These cards support your creating change with intention.

This deck will serve you in all arenas of life. Health, happiness, and relationships. Business, finances, and success. Service, recreation, and spirituality.

Watch a getting-started video program.
MiracleInspirations.com/IGS-gift
Enjoy. Breathe.



Sandra Lee
ENERGETIC
INITIATOR

Shine Layouts

There are many ways to use the cards.

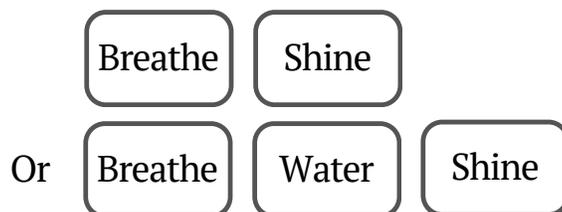
1. The Oracle. As with any deck, pick a card. Look at the image and read the text. Allow insights to arise.
2. Shine Layouts support daily practices that contribute to your achievements. Combine Space, Concept, Chakra, and Body cards for depth of healing and insight.

Use Shine layouts for daily meditation and focus. Awareness supports you in adjusting habits and practices.

Take notes if you wish.

There are four types of cards.

Space Cards: Breathe, Water and Shine. (3 of each.) These cards set the space for your focus. Continue reading for more.

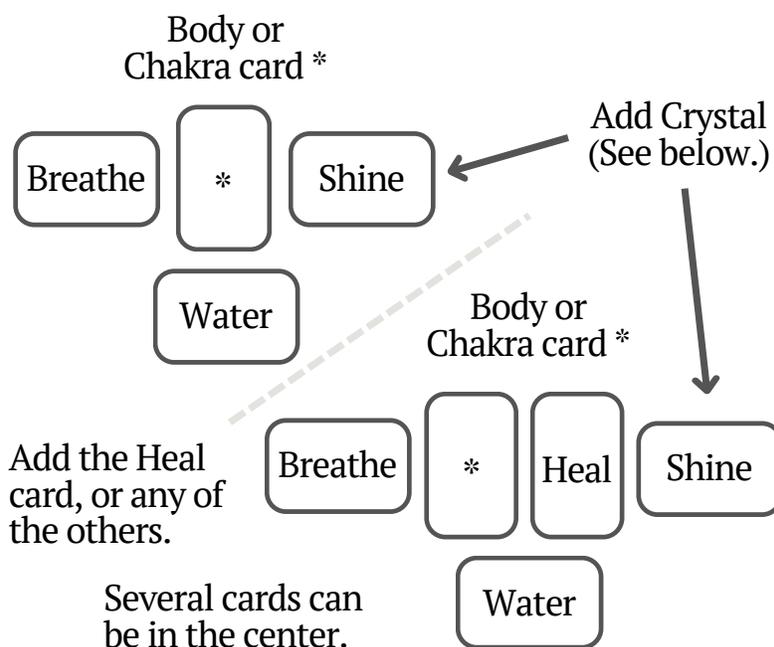


Concept Cards: Nineteen empowering concept cards like Attract & Manifest, Heal, Abundance, and Miracle.

Chakra Cards: Seven chakra cards, plus one for the centers above the head and below the feet, the Sun and Earth Connections.

Body Cards: Ten body-area cards with affirmations for associated energetic issues. Focusing on both physical and energetic aspects can provide deeper healing.

Healing Layout ~ Body & Chakras



Healing Shine Layouts

What are the **Space Cards**?

The Breathe, Water and Shine cards each have general affirmations. Followed by a description of the full **Shine Layout Sequence**, customized for the specific card. (You have 3 of each for multiple layouts.)

Experiment. Allow the cards to inspire you.

Here's what I do. (See the demo videos.)

1. Begin with **Breathe**. Pause and relax.
2. Speak your intentions following the cards in the center. I combine a **Chakra** or **Body** card with the **Heal** card. You could add **Energy** or any **Concept** card.
3. **Water** holds energetic memories and is programmable. I energize the water in all of my body's cells. With the power of my intention, I program healing into my cells and energy field.
4. **Shine** is beaming my intention through my cells and energy field. I call this Shining my Heart Light. Shine love out to the world.

See below for adding sound and crystals.

Creation Shine Layouts

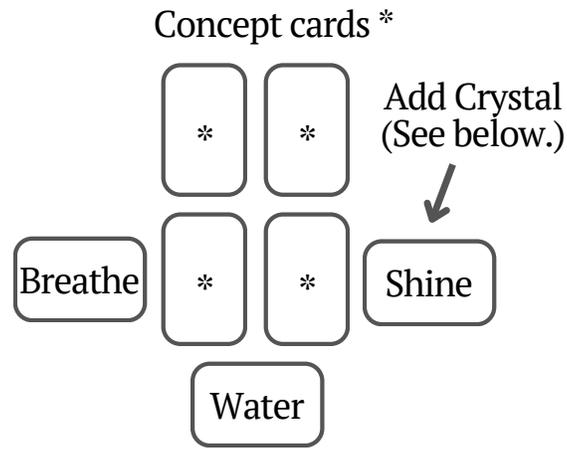
What do you want to attract and manifest? Focus on life and business experiences you want to create.

Use any combination of Concept cards in the center of the Shine Layout.

The Attention card customizes your experience. Write any intention on a Heart Note, and place it with the Attention card.

Follow a sequence similar to the **Healing Shine Layout**. (See the demo videos.)

I do daily Creation Shine Layouts. These are my cards for today: Attract & Manifest, Freedom & Success, Miracle.



The Power of Sound & Crystal

Sound is the most foundational creative force.

Your words are powerful. Speaking your intentions adds power and energy, amping up the attractive force of your creation.

Tuning forks and sound waves on the cards evoke singing, toning, and music to enhance your creation.

Doing Biofield Tuning, I see the profound impact sound has on both healing and my intuitive abilities.

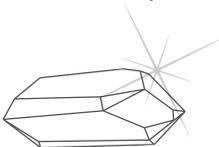
Crystals organize and amplify energy, because of their structured form.

Your body's cell walls are liquid crystalline structures and are impacted by both sound and crystals.

Sound and crystals are powerful!

***Note: I leave a layout
out on a table.***

Enhance your Shine Layout card journeys.



Would you like more?

Have you visited the **Inner Gem Shine Card Deck Gift page**? Watch a demonstration video.

MiracleInspirations.com/IGS-gift

Workshops & Groups

If you are interested in workshops or groups, please email me.
support4u@MiracleInspirations.com

Workshops. Use Inner Gem Shine Cards for yourself.

Trainings. Learn to help your clients with this fabulous tool.

Group Healing Sessions. Biofield Tuning sessions incorporating Inner Gem Shine cards.

Newsletter & Free Checklist

Get a free *Making Powerful & Effective Decisions Checklist* and my newsletter.
MiracleInspirations.com/subscribe

Biofield Tuning & Human Design

Are you interested in working with me personally or for your business?
I invite you to schedule a complimentary discovery call.

MiracleInspirations.com/book-a-call

Thank you!

I hope this is fun and helpful.

My greatest hope and wish is that you find clarity about what is right for you, so you can be free to create the life and success you desire.

And enjoy the journey!

Breathe.



Sandra Lee
ENERGETIC
INITIATOR

I would love to hear from you with Shine stories,
feedback, or suggestions.

Sandra Lee

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